

NATIONAL SERVICE SCHEME (NSS) 2016-2017

Programme Officers : 1. Prof. Maya Hande
2. Prof. Prabhakar Musam

Teacher Members : 1. Prof. Bushra Ansari
2. Prof. Mehul Barai

Advisory Committee :

1. Dr. Nandita Roy (Principal)
2. Mr. Pandit Gavitt (Health Dept., P/S ward, Goregaon)
3. Mr. Sandesh Lalg (Youth Facilitator, Anubhav Mumbai)
4. Mr. Ketan Rawal (District Co-ordinator, NSS Western zone)
5. Prof. Bushra Ansari (Teacher Member)
6. Prof. Mehul Barai (Teacher Member)
7. Mr. Ashish Ringe (S.Y.B.A & F.) (Student Member)
8. Ms. Varsha Velmurugan (S.Y.B.COM.) (Student Member)
9. Mr. Amrut Desai (T.Y.B.A &F.) (Student Member)
10. Ms. Kanchan Bhatkar (T.Y. B. A & F.) (Student Member)
11. Mr. Murtaza Kagzi (T.Y.B.COM.) (Student Member)
12. Mr. Pravin Rawal (T.Y.B.F.M) (Student Member)
13. Ms. Neha Joshi (T.Y.B.A & F.) (Student Member)
14. Prof. Maya Hande (NSS PO)
15. Prof. Prabhakar Musam (NSS PO)

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2. Ms. Varsha Velmurugan (S.Y.B.COM.)

Joint Secretary :

1. Mr. Deepak Yadav (S.Y.B.COM.)
2. Mr. Pratik Jadhav (S.Y.B.COM.)

3. Mr. Abhishek Salvankar (S.Y. B. A & F.)

Core Committee Members :

1. Mr. Mohsin Badhra (S.Y.B.COM.)

2. Mr. Burhanuddin Bohari (S.Y.B.COM.)

3. Ms. Ragini Varam (S.Y.B.M.S)

4. Ms. Almas Shaikh (S.Y. B. M.S.)

5. Ms. Dhanalakshmi Anandraj (T.Y.B.COM)

NSS ACTIVITIES DURING ACADEMIC YEAR 2016-2017

A) COMMUNITY BASED PROJECTS –

Under community based projects, NSS Volunteers participated in total 08 projects.

1. TEACHING IN OPEN BALWADI IN BHAGAT SINGH NAGAR:

As Bhagat Singh Nagar is adopted area of college NSS Unit, our NSS volunteers taught 5th to 10th std. students for 02 hours every day. Our volunteers taught them subjects like Science, Mathematics, Geometry, History, Moral values etc. This project was conducted throughout the year. NSS Volunteers also celebrated Diwali with children of open balwadi.

2. PUNARVAS:

Punarvas is a school for physically and mentally challenged children in Goregaon west. This project was selected to sensitize NSS Volunteers about physically and mentally challenged children. Under this project following activities were conducted:

a. Our NSS Volunteers helped teachers and students for 02 hours in their daily activities thrice a week. NSS volunteers also helped them in making various articles like Rakhis & Diwali Diyas.

b. NSS Volunteers sold total 98 Rakhis made by children of Punarvas from 8th to 16th August, 2016.

c. NSS Volunteers sold Diwali Diyas made by children of Punarvas from 13th to 18st Oct., 2016 in college premises as well as in their residential areas. Volunteers sold Diyas of amount Rs. 4,105/-

3. GANPATI IMMERSION

NSS volunteers helped Traffic control department and Goregaon Police Station on 2nd day, Gauri visarjan (5th Day), 7th Day and Ananth Chaturdashi (10th day) of Ganpati Immersion in month of September, 2016. Volunteers helped in crowd control at Aarey Colony, Bangur Nagar and Jogeswari (East).

4. WASTE MANGEMENT:

On 23rd Sept 2016 NSS Unit of Vivek College organized a session on 'Waste Management'. The team of Stree Mukti Sanghatna came for the session and provided their valuable guidance to our 45 NSS volunteers.

NSS unit started with the project of wet waste management of canteen in association with Stree Mukti Sangathna. We have kept 2 waste recycling plastic baskets in which canteen wet waste is disposed off for converting it into manure. Under this project we aim at reducing the wet waste going to dumping ground.

We have also collected 20kgs. of e-waste from the students and college which was sent for recycling.

5. ROAD SAFETY PROJECT

This project was undertaken with the motive of sensitizing the volunteers towards Traffic rules and Road Safety. Under this project following activities were conducted:

a. This year we have adopted Sadguru Naka at S.V. Road Goregaon (West). Our NSS volunteers helped Traffic Control Dept., at Sadguru Naka, Goregaon (West) in traffic control from 8th July,2016 to 11th Jan., 2017 from Monday to Saturday.

b. On 19th Dec, 2016, a session was conducted by Mr.Jadhav Senior Police Inspector Traffic Control Division Malad West on Road Safety and Traffic Rules.

c. Road safety rally was organized in the Siddharth Nagar and Jawahar Nagar area as per the guidelines of RTO office Malad on 10th January, 2017. Volunteers of J. M. Patel College, Dalmia College, Lord's College participated in the rally. Total 163 Volunteers participated in the Road safety rally.

d. NSS unit organized session on road safety in-collaboration with United Way- a NGO actively working for Road Safety. 35 Volunteers attended the session on 11th January, 2017. The volunteers were guided and trained under this session about road safety measures.

e. 6 Volunteers Participated in Traffic Ambassador Training organized by Traffic Control Department, Malad from 5th January, 2017 to 9th January, 2017.

f. On 8th February 2017, a 'Road Safety Kiosk' was set up in our college by United Way. Road Safety awareness was created among the students in the kiosk through various games. Our 10 volunteers helped in managing the event.

g. On 13th February, 2017 NSS Volunteers participated in the street play competition which was organized by the United Way. Volunteers performed street play on '**Two Wheel One Life**'. Vivek College Secured 1st Rank at Zonal level and Consolation Prize at Mumbai Level.

6. YOGA CLUB:

NSS unit of Vivek College has started with Yoga Club in association with Ambika Yog Kutir. Every Sunday our volunteers went to Ambika Yoga Centre, Goregaon to learn yoga from 7am to 9am. 40 Volunteers completed Basic Course in Yoga.

7. PULSE POLIO IMMUNISATION:

NSS volunteers helped the Health Department, BMC in Pulse polio Campaign at Goregaon railway station from 24th to 30th September 2016. Total beneficiaries were 303.

From 29th January to 3rd February, 2017, the campaign was conducted at Goregaon station, Ram Mandir station and in the area of Cama Estate. Total beneficiaries of the campaign were 493.

8. HEALTH PROJECT

Under Health Project following activities were conducted:

a. In the month of August, every Sunday our NSS volunteers helped BMC Officials from Health department of P/S ward in health camp at Bhagat Singh Nagar. In this camp free checkups of Blood Pressure, Hemoglobin, Diabetes, Eye Check-up etc. was organised.

b. Guest lecture on Dengue Malaria awareness was organized in association of BMC Health Dept., P/S ward on 30th August, 2015. Officers from Health Department enlightened the students about causes of and precautions to be taken for Dengue Malaria.

c. On 5th October 2016, Our NSS unit organised Bone density checkup for the Staff of Vivek Education Society in association with Lions Club Malad. 5 volunteers helped to manage the event. Total beneficiaries were 125.

d. On 28th November 2016, our NSS Unit organised Hemoglobin Checkup for girl students and female staff members in association with Lions Club Malad. Total numbers of beneficiaries were 198.

B) UNIVERSITY/STATE/DISTRICT LEVEL PARTICIPATION

YOGA EVENT;

NSS volunteers took part in the yoga sessions organized by the University of Mumbai from 15th June, 2016 to 20th June, 2016. Every day 03 volunteers went there to attend the session. On 21st June, 2016, volunteers participated in celebration of International Yoga day at University of Mumbai, Kalina.

UNIVERSITY FOUNDATION DAY:

On 18th July, 2016, volunteers participated in the programme organized on occasion of Foundation Day of University of Mumbai.

LOKMANYA TILAK MOHOTSAV

NSS volunteers attended the Lokmanya Tilak Mohotsav at Yashvantrao Pratishthan, Churchgate on 1st August, 2016.

WALKATHON;

NSS volunteers took part in 'Walkathon' organized by the University of Mumbai on 30th August, 2016.

YUVAK MELA

On 24th September, 2016 our 02 NSS volunteers participated in Yuvati Mela organized by DTSS college.

UTKARSHA SELECTION:

On 27th Sept, 2016, 2 NSS volunteers participated in the Utkarsha selection which was held at Chetna College, Bandra.

I QUIT TOBACCO:

NSS Volunteers participated in 'I Quit Tobacco' program which was arranged by the R.D. & S.H. National college on 28th Sept, 2016. 6 volunteers participated in this event.

BHAJAN SANDHYA (GANDHI JAYANTI): -

On 2nd October, 2016 our 16 Volunteers attended Bhajan Sandhya on account of Birth Anniversary of Mahatma Gandhi at Gateway of India organised by University of Mumbai.

DISASTER MANAGEMENT TRAINING:

2 NSS Volunteers participated in Disaster Management Training organised by KES Shroff College from 3rd October till 7th October, 2016.

BLIND WALK:

NSS Volunteers participated in the Blind Walk organized by the University of Mumbai on 13th October, 2016 to create awareness of Eye Donation. Our 26 NSS volunteers participated in this event.

DIWALI ANK:

9 NSS Volunteers participated in the program of publication of Diwali Ink on 28th October, 2016 organized by the University of Mumbai.

RUN FOR UNITY: -

Our 10 NSS Volunteers participated in 'Run for Unity' rally organised by University of Mumbai on 31st October, 2016.

Participation in 'Udheyam':

ON 25th and 26th November 2016, 18 NSS volunteers participated in intercollegiate festival – 'Udheyam' organized by Patkar College.

ANTI DOWRY RALLY:

On 26th November 2016, our 18 NSS volunteers participated in the Anti Dowry Rally organized by Anti Dowry Movement, Churchgate.

POSTER MAKING COMPETITION (SATHYE COLLEGE):

On 16th December 2016, 2 NSS volunteers participated in the poster making competition organized by Sathye College.

COFFEE WITH VC:

On 20th December, 2016 our 10 volunteers participated in this event organized by the University of Mumbai at Kalina wherein students from different colleges interacted with Hon. Vice Chancellor- Mr. Sanjay Deshmukh.

SHIVAJI STATUE JALA PUJAN EVENT:

15 volunteers participated in Shivaji Statue Jala Pujan Ceremony on 24th December, 2016 at Marine Lines.

MUMBAI MARATHON:

7 NSS Volunteers participated in Mumbai Marathon which was organized by the University of Mumbai at Juhu on 8th January, 2017.

DIGITAL ECONOMY CAMPAIGN:

NSS Volunteers participated in Digital Economy Campaign organized by Ministry of Human Resource Development, Govt. of India on 14th January 2017 to make Indian Economy Cashless as well as Digital Economy.

ANNUAL CONVOCATION CEREMONY:

NSS Volunteers participated in the Annual Convocation Ceremony organized by the University of Mumbai. 23 Volunteers participated in this ceremony on 16th January, 2017 at Kalina.

HUMAN CHAIN:

NSS Volunteers participated in the Road Safety Human chain organized by Brahmakumaris. Total 30 Volunteers participated in this event on 22nd January, 2017.

VOTER AWARENESS RALLY:

On 13th February, 2017 a rally was organized by the BMC to create awareness about importance of voting. Volunteers of Vivek College, Patkar College, Lords College and J.M. Patel College participated in the rally. The rally was organised from Goregaon Bus Depot to Patkar College.

C) COLLEGE LEVEL ACTIVITIES

ADMISSION EVENT:

10 NSS Volunteers helped the admission committee of the college during the admissions of first year students.

FIRST YEAR ORIENTATION

On 7th July, 2016, NSS Orientation was organized for first year students. Previous and current year NSS PO's addressed the students. Students were informed about activities of NSS, benefits of NSS and hours to be completed.

BLOOD DONATION DRIVE

On 29st of July, 2016, Blood Donation Drive was conducted in association with Meenatai Thackeray Blood Bank. **Total 154 blood units were collected.**

THALESSEMIA SCREENING:-

On 29th July, 2016, Thalassemia test was conducted for all Third-Year students in association with Think Foundation. Total 417 third year students were tested. None of the student was detected with Thalassemia Minor.

TREE PLANTATION

On 20th August 2016, 15 volunteers planted 10 different plants in Bulbul garden near our college.

INTERNATIONAL YOUTH DAY

International Youth Day was observed on 24th August, 2016. A guest lecture by Father. Sandeep Borges was organized. He highlighted the life of youth and the right way of channelizing energy of youth. Total 60 Volunteers attended the Session. Our volunteers also took pledge on International Youth Day.

INDEPENDENCE DAY

On 15th August 2016, 53 of our NSS volunteers participated in Independence Day celebration in our college.

ORIENTATION OF ANUBHAV MUMBAI

26th August, 2016 volunteers attended orientation of Anubhav Mumbai. Programme coordinators of Anubhav Mumbai highlighted the activities of Anubhav Mumbai in the orientation.

SESSION ON SENIOR CITIZENS:

On 31st August 2016, NSS unit of Vivek College arranged a session on 'Taking care of Senior Citizens'. The team of Jeevan Anand Sanstha addressed our volunteers about problems of senior citizens and how to take care of them. Total 38 volunteers attended this session.

GROUP BONDING SESSION

On 16th September, 10 NSS volunteers participated in Group Bonding Session organized by Anubhav Mumbai.

DONATION FOR JEEVAN ANAND SANTHA:

NSS unit organized donation campaign for Jeevan Anand Sanstha and donated various materials like food grains clothes, daily use items etc. on 20th September 2016.

NSS DAY CELEBRATION:

On 24th September our NSS Unit celebrated NSS Day by taking NSS Pledge, by singing NSS song and by felicitating the volunteers who successfully completed 2 years of NSS.

SESSION ON NSS:

On 26th September 2016, a session on 'Not Me But You' was arranged on account of NSS week. Prof. Bharati Unni – NSS PO of Sathaye College addressed the volunteers about significance of NSS.

SWACHH BHARAT ABHIYAN:

On 27th Sept, 2016, 11 NSS volunteers cleaned Bulbul garden under SWACH BHARAT ABHIYAN.

JUHU BEACH CLEANING:

NSS Volunteers participated in Post Ganpati Visarjan Juhu Beach Cleaning activity along with Indian Development Foundation on 16th September, 2016.

VOTER'S ID REGISTRATION DRIVE:

NSS volunteers organized Voter's id registration drive for the college students with the help of Election commission office Goregaon. This drive was held in college from 3rd October, 2016 till 8th October, 2016. Total 156 forms were collected and submitted to Election Office, Goregaon.

RED RIBBON CLUB (RRC) WEEK-

From 1st to 9th December, 2016, RRC week was celebrated.

On 1st December, 2016, World HIV AIDS Day was observed. A guest lecture on HIV AIDS awareness was organized in association with World Vision and Young Women Christian Association. 60 of our volunteers attended the session.

On 5th December 2016, Poster Making Competition on HIV AIDS was organized.

On 8th and 9th December, 2016, street play on HIV AIDS was performed by our 12 volunteers in various locations like Bhagat Singh Nagar, Shastri Nagar, Motilal Nagar and Siddharth Nagar. Approximately 80 people were made aware of HIV AIDS.

SEMINAR CUM DEMONSTRATION ON SAFETY MEASURES

On 3rd January, 2017, NSS unit organized a guest lecture on 'Safety for Women' in association with Goregaon Police Station. Total 33 NSS as well as 50 Non-NSS Volunteers attended the session.

VISIT TO GOREGAON POLICE STATION:

On 5th January, 2017, NSS Unit organized a visit to Goregaon police station. 20 NSS and 30 Non-NSS volunteers participated in this visit.

YOUTH AWARENESS PROGRAM:

NSS Volunteers participated in the Workshop of Youth Awareness Program on 'Dealing Powerfully with Challenges of Life' organized by Satya Sai Mission. 29 volunteers participated in this workshop on 15th January, 2017

VOLUNTEERING FOR COLLEGE ACTIVITIES

NSS volunteers actively helped in various college activities like Admission work of First Year students, Orientation of First Year Students, College Foundation day, PTA Meeting, Annual Day, Convocation Ceremony, Annual Prize Distribution, Inter-collegiate Festival – Festomedia, Farewell Ceremony etc.

NSS RESIDENTIAL CAMP:

As per guidelines of University of Mumbai this year NSS residential camp was organised at Samaj Mandir, Nandore, Palghar Dist. Palghar from 26th December, 2016 to 1st January, 2017. Total 63 NSS volunteers participated in the camp.

In these seven days volunteers constructed 18 toilet blocks in different padas of Nandore Village for toilet making under Swaccha Bharat Abhiyan. Volunteers conducted socio-economic survey in Pillar Pada, Basvat Pada, Patil Pada and Bahi Pada in Nandore village. Volunteers dig 8 Pits for Fencing in Ashram School. We conducted 7 Swatch Bharat Drive in different padas of Nandore Village.

Volunteers performed street play on Cleanliness, Literacy, Child Marriage, Awareness on Dengue Malaria, and Gender Inequality in school campus, different village padas and Ashram School Campus. Our volunteers also cleaned the school campus.

Volunteers created awareness about Dengue, Malaria and Soak Pits, in nearby adivasi padas. Our volunteers also helped children in their studies.

Various lecture sessions were organised like on 'Leadership and teamwork' by Ms. Swati Rane and Mr. Sandesh Lalde, from Anubhav Mumbai, Goregaon, on 'NSS and Social Values' by Mr. Narayan Iyer, C.E.O of Indian Development Foundation, on 'Village Mapping' by Mr. Santosh Mekale from TISS, on 'Bio diversity' by Jagdish Vakale, on 'Suryanamaskar' by Mr. and Mrs. Patil, on 'Sex Education' by Mr. Pednekar, Principal Dandekar College, Palghar.

We also donated 90 note books made of recycled papers to students of Zila Parishad Schools in Nandore Village.

During these seven days volunteers learnt many things like team work, dignity of labour, leadership qualities, how to leave in adverse conditions etc. They were also sensitized about life of Adivasi people.

SPECIAL ACHIEVEMENTS

Our Volunteer Mr. Pratik Jadhav represented University of Mumbai in Chancellor's Brigade State Level Disaster Preparedness Programme NSS Wing (Avahaan) from 25th May, 2015 to 3rd June, 2016.

Our college NSS Unit was awarded Best College Supporter Award by Indian Development Foundation for the academic year 2015-16.

Our college NSS unit received an appreciation certificate for supporting Road Safety activities by United Way for the academic year 2016-17.

Our college NSS volunteers got 08 prizes in different categories – Tree plantation Competition, Street Play, Essay Writing, Rangoli Competition, etc. in Theme Day of Anubhav Mumbai for the academic year 2016-17